

August 2013  
(2nd version)

- Kampo product -

**OHSUGI Shin'iseihaito Extract Granules G**  
(Shin'iseihaito)Storage: Store at room temperature.  
See the section "PRECAUTIONS FOR HANDLING"  
Expiration date: The expiration date is specified on the  
container or the outer package

Approval No.	(61AM) 3887
Date of listing in the NHI reimbursement price	October 1986
Date of initial marketing in Japan	October 1986

**DESCRIPTION**

(1) The daily dose of this product, 12.0g, contains 6.3g of the dried extract (Shin'iseihaito extract) from the following mixed crude drugs.

JP Magnolia Flower -----	2 g
JP Ophiopogon Tuber -----	5 g
JP Anemarrhena Rhizome -----	3 g
JP Gypsum -----	5 g
JP Lilium Bulb -----	3 g
JP Cimicifuga Rhizome -----	1 g
JP Scutellaria Root -----	3 g
JP Loquat Leaf -----	2 g
JP Gardenia Fruit -----	3 g

(JP: The Japanese Pharmacopeia)

The inactive ingredients contained are Lactose Hydrate, Corn Starch and Magnesium Stearate.

(2) This product is light grayish and yellowish brown to light grayish dark brown-colored granules, smells slightly, and tastes slightly bitter.

ID Code: SG-104

**INDICATIONS**

Nasal obstruction, chronic rhinitis, and empyema

**DOSAGE AND ADMINISTRATION**

The usual adult dose is 12.0 g/day orally in 2 or 3 times before or between meals. The dosage may be adjusted according to the patient's age, body weight, and symptoms.

**PRECAUTIONS****(1) Careful Administration (Shin'iseihaito should be administered with care in the following patients.)**

- 1) Patients with a weak gastrointestinal tract [Anorexia, epigastric distress, soft feces, diarrhea, etc. may occur.]
- 2) Patients with an extremely declined constitution [Adverse reactions are likely to occur, and the symptoms may be aggravated.]

**(2) Important Precautions**

- 1) When this product is used, the patient's "SHO" (constitution/symptoms) should be taken into account. The patient's progress should be carefully monitored, and if no improvement in symptoms/findings is observed, continuous treatment should be avoided.
- 2) When this product is coadministered with other Kampo-products (Japanese traditional herbal medicines), etc., attention should be paid to any duplication of the contained crude drugs.

**(3) Adverse Reactions**

This product has not been investigated (drug use investigations, etc.) to determine the incidence of adverse reactions. Therefore, the incidence of adverse reactions is not known.

**1) Clinically significant adverse reactions**

① **Interstitial Pneumonia:** If fever, cough, dyspnea, abnormal pulmonary sound (fine crackle), etc., are observed, administration of this product should be discontinued, and examination such as chest X-ray should be performed immediately and appropriate measures such as administration of adrenocortical hormones should be taken. Besides, the patient should be advised to discontinue this product immediately and to make contact with the physician in the event of fever, cough, dyspnea, etc.

② **Hepatic dysfunction and jaundice:** Hepatic dysfunction with remarkable elevation of AST(GOT), ALT(GPT), Al-P and  $\gamma$ -GTP level, and/or jaundice may occur. The patient should be carefully monitored for abnormal findings. Administration should be discontinued and appropriate therapeutic measures should be taken, if abnormalities are observed.

**2) Other adverse reactions**

	Incidence Unknown
<b>Hypersensitivity</b> Note 1)	Rash, Redness, Pruritus, Urticaria, etc.
<b>Gastrointestinal</b>	Anorexia, Epigastric distress, Soft feces, Diarrhea, etc.

Note 1) If such symptoms are observed, administration should be discontinued.

**(4) Use in the Elderly**

Because elderly patients often have reduced physiological function, careful supervision and measures such as reducing the dose are recommended.

**(5) Use during Pregnancy, Delivery or Lactation**

The safety of this product in pregnant woman has not been established. Therefore, the product should be used in pregnant women, women who may possibly be pregnant only if the expected therapeutic benefit outweigh the possible risks associated with treatment.

**(6) Pediatric Use**

The safety of this product in children has not been established. [Insufficient clinical data]

**PRECAUTIONS FOR HANDLING**

- Store at dry and cool place, protected from direct sunlight.
- Since this product contains natural crude drugs, some differences may be noted in the color or taste, etc. However, there is no change in the effect.

**PACKAGING**

500g  
1,176g (4.0g x 294 packets)  
336g (4.0g x 84 packets)

**REQUEST FOR LITERATURE SHOULD BE MADE TO:**

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